



**GUAM DEPARTMENT OF EDUCATION
SY 2021-2022 AUGUST – DECEMBER
GDOE Head Start BREAKFAST MENU**

WEEK OF:	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8/9 9/6 10/4 11/1 11/29	YOGURT (1 ea) OATMEAL (1/4c) FRUIT (1/2c) 1% MILK (8fl.oz)	BROWN RICE (1/2c) SCRAMBLED EGGS (1/4c) KETCHUP (1pkt) FRUIT (1/2c) 1% MILK (8fl.oz)	WW FRENCH TOAST (2 pcs) SYRUP (1 Tbsp) FRUIT (1/2c) 1% MILK (8fl.oz)	WG CEREAL (1ea) FRUIT (1/2c) 1% MILK (8fl.oz)	WW TOAST (1 slice) SCRAMBLED EGGS (1/4c) FRUIT (1/2c) 1% MILK (8fl.oz)
8/16 9/13 10/11 11/8 12/6	WG CEREAL (1ea) FRUIT (1/2c) 1% MILK (8fl.oz)	STIR FRY-BROWN RICE EGGS & HAM (1c) FRUIT (1/2c) 1% MILK (8fl.oz)	WW GRILLED CHEESE (1ea) FRUIT (1/2c) 1% MILK (8fl.oz)	BROWN RICE (1/2c) SAUSAGE PATTY (1ea) KETCHUP (1pkt) FRUIT (1/2c) 1% MILK (8fl.oz)	WW WAFFLE (2ea) SYRUP (2 Tbsp) FRUIT (1/2c) 1% MILK (8fl.oz)
8/23 9/20 10/18 11/15 12/13	YOGURT (1 ea) OATMEAL (1/4c) FRUIT (1/2c) 1% MILK (8fl.oz)	WG CEREAL (1ea) FRUIT (1/2c) 1% MILK (8fl.oz)	WW GRILLED CHEESE (1ea) FRUIT (1/2c) 1% MILK (8fl.oz)	WW WAFFLE (2ea) SYRUP (1 Tbsp) FRUIT (1/2c) 1% MILK (8fl.oz)	WW PEANUT BUTTER & JELLY SANDWICH (1ea) FRUIT (1/2c) 1% MILK (8fl.oz)
8/30 9/27 10/25 11/22	WG CEREAL (1ea) FRUIT (1/2c) 1% MILK (8fl.oz)	WW TOAST (1 slice) BACON (1 slice) SCRAMBLED EGGS (1/4c) FRUIT (1/2c) 1% MILK (8fl.oz)	YOGURT (1 ea) OATMEAL (1/4c) FRUIT (1/2c) 1% MILK (8fl.oz)	WW BAGEL (1/2ea) SCRAMBLED EGGS (1/4c) KETCHUP (1pkt) FRUIT (1/2c) 1% MILK (8fl.oz) JUICE (1ea)	BROWN RICE (1/2c) SAUSAGE PATTY (1ea) KETCHUP (1pkt) FRUIT (1/2c) 1% MILK (8fl.oz)

DUE TO UNFORESEEN CIRCUMSTANCES THIS MENU IS SUBJECT TO CHANGE WITHOUT NOTICE

"This institution is an equal opportunity provider and employer."

As of: July 19, 2021

(LEA) FNS: Reviewed & Approved: Charleen Hadap 7/19/21

State Agency for Child Nutrition Program, Reviewed & Approved: Matt Sablan 

7/22/2021