



2025-2026 MENU

Gossner Non Fat Assorted Milk and 1% White Milk is served daily.

Build your tray the healthy way!

START WITH A:

- Vegetable
- or
- Fruit

Better yet, choose both!

- Choose whole grains
- Pick a lean protein
- Add a serving of dairy

take at least **3** food groups!

What's on your tray today?

Dates	Monday	Tuesday	Wednesday	Local Thursday	Friday
06/08-06/12	Chicken Alfredo 1 CUP	2 OZ Beef Taco Meat	Sloppy Joe 3 OZ	1 EA Breaded Chicken Drumstick	Turkey & Cheese Sandwich 1 EACH
06/22-06/26	Broccoli 3/4 Cup	10 PCS Tortilla Chips	WG Hamburger Bun 1 EACH	Brown Rice 1/2 Cup	Baby Carrots 3/4 Cup
07/06-07/10	Assorted Fruit 1/2 Cup	2 OZ Cheese Sauce	Potato Wedges 3/4 Cup	Green Beans 3/4 Cup	Ranch Dressing 1 Each
		3/4 Cup Black Beans	Assorted Fruit 1/2 Cup	Assorted Fruit 1/2 Cup	Assorted Fruit 1/2 Cup
06/15-06/19	12 PCS Orange Chicken	4 EA Teriyaki Beef Dippers	Pork Rib Patty 1 EACH	2 EA Cheesy Breadsticks 2 OZ Spaghetti Sauce	Ham & Cheese Sandwich 1 EACH
06/29-07/03	Brown Rice 1/2 Cup	1/2 Cup Yakisoba Noodles	BBQ Sauce 1 OZ	Corn 3/4 Cup	Baby Carrots 3/4 Cup
07/13-07/17	Broccoli 3/4 Cup	Green Beans 3/4 Cup	WG Hot Dog Bun 1 EACH	Assorted Fruit 1/2 Cup	Ranch Dressing 1 Each
	Assorted Fruit 1/2 Cup	Assorted Fruit 1/2 Cup	Pork and Beans 3/4 Cup		Assorted Fruit 1/2 Cup
			Assorted Fruit 1/2 Cup		

05.19.26

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