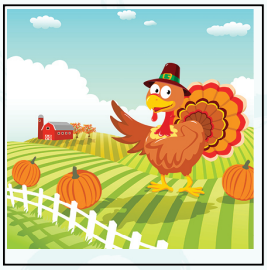
BRIGHT BITES KITCHEN @ Guam Headstart

NOV

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 No School All Souls Day	**3** No Classes	**4** Breakfast French Toast Sticks Fruit Lunch Chicken Alfredo Pasta Snack Cereal Bar	**5** Breakfast Ham & Cheese Croissant Lunch Drumstick & Red Rice Snack Fresh Fruit	**6** Breakfast Cheesy Eggs & Rice Lunch Cheese Pizza Snack Scooby Snacks
All Meals meet USDA nutritional requirements for healthy, hunger free children				
9 Breakfast Cereal Lunch Salisbury Steak w/ Rice & Gravy Snack Graham Crackers	**10** Breakfast Sausage & Cheese Breakfast Sandwich Lunch Chicken Yakisoba Snack Fresh Fruit	**11** Veterans Day No School	**12** Breakfast Breakfast on a Stick Lunch Beef Bulgogi Rice Snack Fresh Fruit	**13** Breakfast Mini Pancakes Lunch Cheesy Breadsticks Fruit & Vegetable Snack Scooby Snacks (a Graham treat)
White milk comes with every meal and snack				
16 Breakfast Muffin Lunch Orange Chicken w/ Rice Snack Graham Crackers	**17** Breakfast Sausage & Cheese Breakfast Sandwich Lunch Beef Nachosw/ Cheese Sauce Snack Fresh Fruit	**18** Breakfast French Toast Sticks Lunch Spaghetti & Meatballs Snack Cereal Bar	**19** Breakfast Ham and Cheese Croissant Lunch Loco Moco & Rice Snack Fresh Fruit	**20** Breakfast Cinnamon Roll Lunch Pepperoni Pizza Snack Scooby Snacks
Breakfast comes with Fruit and Lunch is served with Fruit and Vegetables				
23 Breakfast Cold Cereal Lunch Breaded Chicken Sandwich Snack Graham Cracker	**24** Breakfast Sausage & Cheese Breakfast Sandwich Holiday Lunch Turkey, Mashed Potatoes & GravyCorn, Roll Cookie Snack Fresh Fruit	**25** Breakfast Breakfast Pizza Lunch Hot DogPork & Beans Snack Cereal Bar		
We offer a variety of Fruits and vegetables throughout the week				
30 Breakfast Muffin Lunch Corn DogSmile Fries Snack Graham Crackers		nutrislice	Follow us on Instagram at sodexoschoolsguam Download our App for nutritional and allergen menu information	

10/22/26

This institution is an equal opportunity provider