

FORM 13-2

**COLUMBIA-SUICIDE SEVERITY RATING SCALE (C-SSRS)
SCHOOL SUICIDE IDEATION DEFINITIONS AND PROMPTS**

FORM TO BE COMPLETED BY: School Counselor

SCREENING VERSION: PAST MONTH

INSTRUCTIONS: Ask questions that are <u>BOLDED</u> and <u>UNDERLINED</u> in the order presented.			PAST MONTH	
IDEATION	DEFINITION	QUESTION	YES	NO
Wish to be dead	Person endorses a thought about a wish to be dead or not alive anymore or wish to fall asleep and not wake up.	1. <u>Have you wished you were dead or wished you could go to sleep and not wake up?</u>		
Suicidal thoughts	General non-specific thoughts of wanting to end one's life or commit suicide. E.g., "I've thought about killing myself" without general thoughts of ways to kill oneself/associated methods, intent or plan.	2. <u>Have you actually had any thoughts of killing yourself?</u>		
<p align="center">IF YES TO QUESTION 2, ask Questions 3, 4, 5, and 6. IF NO TO QUESTION 2, go directly to Question 6.</p>				
Suicidal thoughts with method (without specific plan or intent to act)	Person endorses thoughts of suicide and has thought of a least one method during the screening period <i>without</i> having a fully developed specific plan with time, place, or method details. E.g., "I thought about taking an overdose but I never made a specific plan as to when, where, or how I would actually do it.... And I would never go through with it."	3. <u>Have you been thinking about how you might kill yourself?</u>		
Suicidal intent (without specific plan)	Active suicidal thoughts of killing oneself and patient reports having <i>some intent</i> to act on such thoughts. E.g., "I've been struggling a lot lately, and I can't stop thinking about ending it	4. <u>Have you had these thoughts and had some intention of acting on them?</u>		

	all. It's gotten so bad that I've actually thought about how I might do it, and I've even considered taking some pills."			
Suicide Intent (without specific plan)	Thoughts of killing oneself with details of plan fully or partially worked out and person has some intent to carry it out.	5. <u>Have you started to work or worked out the details of how to kill yourself? Do you intend to carry out this plan?</u>		
Suicide Behavior Questions	6. <u>Have you ever done anything, started to do anything, or prepared to do anything to end your life?</u> E.g., collected pills, obtained a gun, gave away valuables, wrote a will or suicide note, took out pills but didn't swallow any, held a gun but changed your mind or it was grabbed from your hand, went to the roof but didn't jump; or actually took pills, tried to shoot yourself, cut yourself, tried to hang yourself, etc.			
	IF YES, ask, <u>How long ago did you do these?</u>			
	<u>Over a year ago?</u>			
	<u>Between three months and a year ago?</u>			
	<u>Within the last three months?</u>			

**COLUMBIA-SUICIDE SEVERITY RATING SCALE (C-SSRS)
SCHOOL SUICIDE IDEATION DEFINITIONS AND PROMPTS
SCREENING VERSION: SINCE LAST VISIT**

FORM TO BE COMPLETED BY: School Counselor

INSTRUCTIONS: Ask questions that are <u>BOLDED</u> and <u>UNDERLINED</u> .			SINCE LAST VISIT	
IDEATION	DEFINITION	QUESTION	YES	NO
Wish to be dead	Person endorses a thought about a wish to be dead or not alive anymore or wish to fall asleep and not wake up.	1. <u>Have you wished you were dead or wished you could go to sleep and not wake up?</u>		
Suicidal thoughts	General non-specific thoughts of wanting to end one's life or commit suicide. E.g., "I've thought about killing myself" without general thoughts of ways to kill oneself/associated methods, intent or plan.	2. <u>Have you actually had any thoughts of killing yourself?</u>		
<p style="text-align: center;">IF YES TO QUESTION 2, ask Questions 3, 4, 5, and 6. IF NO TO QUESTION 2, go directly to Question 6.</p>				
Suicidal thoughts with method (without specific plan or intent to act)	Person endorses thoughts of suicide and has thought of a least one method during the screening period <i>without</i> having a fully developed specific plan with time, place, or method details. E.g., "I thought about taking an overdose but I never made a specific plan as to when, where, or how I would actually do it.... And I would never go through with it."	3. <u>Have you been thinking about how you might kill yourself?</u>		
Suicidal intent (without specific plan)	Active suicidal thoughts of killing oneself and patient reports having <i>some intent</i> to act on such thoughts. E.g., "I've been struggling a lot lately, and I can't stop thinking about ending it all. It's gotten so bad that I've actually thought about how I might do it, and I've even considered taking some pills."	4. <u>Have you had these thoughts and had some intention of acting on them?</u>		

Suicide Intent (without specific plan)	Thoughts of killing oneself with details of plan fully or partially worked out and person has some intent to carry it out.	5. <u>Have you started to work or worked out the details of how to kill yourself? Do you intend to carry out this plan?</u>		
Suicide Behavior Questions	<p>6. <u>Have you ever done anything, started to do anything, or prepared to do anything to end your life?</u></p> <p>E.g., collected pills, obtained a gun, gave away valuables, wrote a will or suicide note, took out pills but didn't swallow any, held a gun but changed your mind or it was grabbed from your hand, went to the roof but didn't jump; or actually took pills, tried to shoot yourself, cut yourself, tried to hang yourself, etc.</p>			