



# Guam Department of Education

## Social and Emotional Wellness

### Poster Contest Registration Form

#### Our Theme: "Healthy Body Healthy Mind"

Eating healthy and exercise are the fundamentals for a **healthy body**. While it is important to maintain good physical health, research has shown that a **healthy mind** is just as important on how we feel and how well we function mentally, emotionally and physically. Draw how nutrition, relaxation, maintaining an active lifestyle, and/or having a social and emotional connection with others around you (e.g. family, teachers, other school staff and friends) helps to maintain a balanced **Healthy Body** and **Healthy Mind** during this COVID-19 pandemic.

All Entry Information Below Must Be Completed

Please indicate your school level by marking the appropriate box below.

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Elementary (K-5<sup>th</sup>)

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Middle (6<sup>th</sup>-8<sup>th</sup>)

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High (9<sup>th</sup>-12<sup>th</sup>)

I wish to enter the Guam Department of Education "Healthy Body Healthy Mind" Poster Contest at the School Level checked above. I understand that my entry becomes the property of the Guam Department of Education.

Name of Student: \_\_\_\_\_ Homeroom Teacher: \_\_\_\_\_

School: \_\_\_\_\_ Grade: \_\_\_\_\_

Telephone No: \_\_\_\_\_ Email Address: (If Any) \_\_\_\_\_

I \_\_\_\_\_, as a parent/legal guardian of the student mentioned above, agree to the contest rules  
(Please Print Name)  
and agreement on pages 2 and 3 of this registration form for my child to participate in the poster contest.

Parent/Legal Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
(For students 17 years of age & under)

### **Rules for Poster Contest:**

1. Must be hand drawn/hand made. Digital enhancement is not allowed.
2. Posters will be accepted between July 02, 2021 and July 09, 2021. Last day to submit posters will be on Friday, July 09, 2021, at 2:00 p.m.
3. Digital (jpeg or pdf) or physical submissions of posters will be accepted.
4. All posters must have a positive visual and verbal message illustrating the theme. Theme must be indicated on the poster.
5. Paper size: 8.5 inches x 11 inches. Landscape/Portrait Orientation is acceptable.
6. Mediums that may be used for the contest are crayons, pastel stick, paint, color pencil, charcoal and marker.
7. No professional copyrighted material or images are allowed.
8. Posters must be two dimensional and must be original artwork.
9. Only one (1) entry per youth will be accepted.
10. Posters must be created by one individual (no group submission for one poster will be accepted)
11. All text must be clear, legible and readable. It must portray a clear message conveyed by the artwork.
12. DO NOT sign the front of the poster.
13. A completed registration form must be taped (not glued) to the back of each poster. If submitted digitally, please include the completed registration form as part of the attachment.
14. Posters that do not meet these guidelines will not be considered.
15. Posters will not be returned and may be used for future promotional purposes.
16. Parents or teachers may submit an entry on a youth's behalf.
17. Posters submitted digitally must be emailed to Leilani Cruz at [lmbcruz@gdoe.net](mailto:lmbcruz@gdoe.net) of Student Support Division (SSSD) or Steven Pangelinan at [svpangelinan@gdoe.net](mailto:svpangelinan@gdoe.net) of School Climate Culture and Engagement (SCCE) Project.
18. Posters are to be judged by the following:
  - \*Ability to illustrate the theme message.
  - \* Creativity.
  - \* Originality.
  - \* Quality of artwork.

**Agreement:**

By entering the GDOE SEWS COVID-19 Poster Contest, entrants and their parents or legal guardians agree to:

1. Abide by the rules that are listed.
2. Respect the decisions of the judges which are final and binding on all matters relating to the contest.
3. Have all entry materials become the sole property of the GDOE.
4. Entries will not be returned. The GDOE will own and have unrestricted use of entries, including but not limited to free and unlimited rights of the GDOE Social and Emotional Wellness Subcommittee and other Divisions within the agency, to use, modify, reproduce, publish, publically distribute and display the student's artwork.
5. Entries will not be returned. The GDOE will own and have unrestricted use of entries, including but not limited to free and unlimited rights of the GDOE Social and Emotional Wellness Subcommittee and other Divisions within the agency, to use, modify, reproduce, publish, publically distribute and display the entrant's artwork.
6. Consent to the use of the contestant's name and information in connection with advertising and promotional materials and activities for this contest without further permission and without monetary or other form of compensation.
7. Acknowledge that the GDOE reserves the right to suspend or cancel the contest, in its sole discretion, at any time.